

### **POST SECONDARY EDUCATION**

CDI College 1-800-675-4392

Herzing College 204-775-8175

Robertson College 204-800-7919

Red River College 204-632-2327

University of Manitoba 204-474-8880

University of Winnipeg 204-786-7811

Manitoba Institute of Trades & Technology 204-989-6500

(Formerly Winnipeg Technical College)

### **FINANCIAL AID**

**Skills Development Assistance** 204-945-0575 | 1-866-332-5077

This program provides financial assistance to eligible unemployed persons to help them obtain the training they need to upgrade their skills and find work.

**The Opportunities Fund for Persons with Disabilities**

**204-983-4235 | 1-800-622-6232**

Supports persons with disabilities prepare for, find and obtain employment or self-employment, as well as develop the skills necessary to maintain new employment.

**Manitoba Métis Federation** 204-589-4327 [www.mmf.mb.ca](http://www.mmf.mb.ca)

Métis Employment & Training can provide support to Métis, Non-Status Indian & Inuit students entering full-time studies in certain post-secondary programs. Phone or visit online for further guidelines and information.



# Employment and Education Resources

**Fort Garry Women's Resource Centre**

1150A Waverley St | Winnipeg MB | R3T 0P4

204-477-1123 | [info@fgwrc.ca](mailto:info@fgwrc.ca)

## **EMPLOYMENT RESOURCES**

### **Community Unemployed Help Centre 204-942-6556**

Assists with individuals with Employment Insurance and Employment Insurance & Assistance concerns, and provides information, advice and representation to unemployed workers in Manitoba experiencing Employment Insurance problems.

### **Employment & Income Assistance 204-948-4000 (Wpg) | 1-866-559-6778**

<http://www.gov.mb.ca/jec/eia>  
Information and application for EIA.

### **Employment Manitoba 204-945-0575 | 1-866-332-5077**

Provides information about job opportunities and training, job search assistance, computer access, and referral information.

### **Horizon's Job Action Centre 204-988-6820**

Offers resume/cover letter assistance, self-marketing skill training, interview preparation, e-mail services, and other motivational training to individuals seeking re-employment or self-employment.

### **New Directions: Training Resources for Youth 204-786-7051**

Offers pre-employment skill training, work experience, and resume assistance for youth (aged 16-19).

### **Opportunities for Employment 204-925-3490**

Services include career counselling, job search assistance, resume development, interview prep, computer training, and referral information for unemployed and under employed individuals.

### **Osborne Village Resource Centre 204-989-6503**

Provides career counselling, computer access and training, and other information/resources.

### **Province of Manitoba: Career Development**

<http://www.manitobacareerdevelopment.ca/CDI/>

Online resource to assist with career exploration and development.

### ***Adult Literacy Program - 204-772-6531***

Offered through Winnipeg Adult Education Centre. Designed for adult students who need to upgrade their basic reading, writing, and math skills. Offers Grade 9 English, Math, Science, & Social Studies.

### ***Winnipeg Adult Education Centre - 203-947-1674***

Offers Grade 12 Credit Courses (including college and university level entrance courses) along with preparative courses for Senior 4 Education.

## **ABORIGINAL AND METIS RESOURCES**

### **Centre for Aboriginal Human Resources Development 204-989 7110**

<http://cahrd.org>

***Aboriginal Community Campus:*** This centre offers a full range of academic programming from literacy to mature student high school diploma.

***Neeginan Learning & Literacy Centre:*** Instruction in language arts, including reading, writing, spelling. Numeracy, math, science and social science.

***Neeginan Institute of Applied Technology:*** Offers post-secondary programs in partnership with industry and trades for vocational training.

### **Louis Riel Institute Adult Learning Centre 204-984-9480**

[www.louisrielinstitute.com](http://www.louisrielinstitute.com)

Offers courses leading to a mature high school diploma, academic upgrading, Grade 9-12 math assistance. Courses include culturally relevant material with a Métis focus, but all adult learners are welcome.

### **Urban Circle Training Centre Inc. 204-589-4433 [www.urbancircletraining.com](http://www.urbancircletraining.com)**

Courses available for Aboriginal (Métis, Inuit, Status, and Non-Status) individuals. Courses offered: Adult Education & Employment Training, Educational Assistant Training, & Health Care Aide/Health Unit Clerk Training Program.

### **Métis Employment & Training 150 Henry St (1st Floor) - 204-586-8474**

### **Manitoba Métis Federation**

Provides employment/career counselling, education and training, as well as scholarships and bursaries.

### **Yellowquill College 204-953-2800 [www.yellowquill.org](http://www.yellowquill.org)**

A First Nation learning centre which offers a mature high school diploma program along with certification and diploma programs in varying fields.

**Horizons Learning Centre** [www.horizonslearning.com](http://www.horizonslearning.com)

**Unit G - 431 Thames Ave - 204-772-1234 (Elmwood)**

**330 Portage Ave - 204-943-1229 (City Place Skywalk)**

**222 Furby St - 204-775-8486 (Crossways on Broadway)**

Adult learning centre that offers courses to obtain a mature student diploma, or to upgrade in order to gain employment or admittance to post-secondary.

**JobWorks Adult Learning Centre** 204-453-8351 | [www.jobworksschool.com](http://www.jobworksschool.com)

Offers high school academic and vocational courses leading towards a mature high school diploma or GED upgrades.

**Journey's Adult Education** 204-987-2646

Journey's offers LEF (Literacy with an Employment Focus) programs and adult literacy, upgrading, basic computer training, life skills and GED preparation.

**Opportunities for Employment** 204-925-3490 [www.ofe.ca](http://www.ofe.ca)

Offers computer literacy modules and employment development certificates in the areas of CPR Level C, Emergency First Aid, Serving it Safe Certification, Workplace Hazardous Materials Information System, and Forklift Operator Certificate.

**St Norbert Adult Education Centre** 204-261-3312 [www.snaec.ca](http://www.snaec.ca)

Offers adult students who are 19 years of age or older the opportunity to obtain a grade 12 diploma or to upgrade their education by taking specific courses.

**Taking Charge Inc.** 276 Colony St 204-925-0011 [www.takingcharge.org](http://www.takingcharge.org)

Assists single parents and women by providing career assessments, pre-employment training and personal development, parenting programs, and literacy & academic upgrades.

**Winnipeg School Division** 204-775-0231 [www.winnipegssd.ca](http://www.winnipegssd.ca)

**Adult EAL Program** - 204-775-0416

The adult EAL program offers practical training in the English language for settlement, educational, and employment purposes. Free to adult immigrants.

**Reaching E-Quality Employment Services** 204-832-REES (7337)

Provides employment training, workshops, resume development, and employment assistance for youth and adults with physical disabilities and health conditions.

**SEED (Supporting Employment & Economic Development)** 204-927-9935

Provides asset building programs, business development services, informational sessions, aboriginal support services, and EAL support services.

**Taking Charge!** 204-925-1100

Services for single parents and women entering or re-entering the workforce. Offers career counselling/assessments, pre-employment development, on-site daycare, workshops, academic upgrading, computer tutorials, and referrals.

**The Winnipeg Transition Centre (WTC)** 204-338-3899

WTC is committed to empowering unemployed individuals in the development and implementation of effective job search, resume composition, self-marketing, and career development techniques.

**The Women's Enterprise Centre (WEC)** 204-988-1860

Helps women find information, improve their business skills, and acquire financing so they can start, expand, or purchase an existing business.

**Youth Employment Services (YES)** 204-987-8661

Provides employment counselling, resume help, job search assistance, interview prep, and computer access services for youth and adults (aged 16-29).

## **RESOURCES FOR NEW CANADIANS**

**Immigrant Centre: Employment Services** 204-943-9158

Helps immigrants find employment based on their education, work experience, interests, and language proficiency. Services include help with resumes, cover letters, on-going coaching and supports, & job leads.

**Manitoba START 204-944-8833 [www.manitobastart.com](http://www.manitobastart.com)**

Manitoba Start serves immigrants who are settling in Winnipeg as permanent residents.

Manitoba Start provides information and referral to orientation and language services to help you start your new life in Winnipeg. They offer an employment programs, job fairs, lunch n' learn sessions, and occupation specific workshops.

**NEEDS Inc: Youth Employment Program 204-940-1260 | [needsinc@mts.net](mailto:needsinc@mts.net)**

For refugee and immigrant youth in need of employability skills; this program offers exposure to career opportunities, Canadian workplace education, work experience, and mentorship.

**ABORIGINAL RESOURCES**

**CAHRD (Centre of Aboriginal Human Resource Development) 204-989-7110**

Provides education, training, and employment services to the Aboriginal Community.

**Urban Circle Training Centre 204-589-4433**

Offers culturally relevant intensive life skills programs coupled with training in the following areas: adult basic education

**Ka Ni Kanichihk: MYTEAM 204-942-2506**

(Manitoba Youth Transitional Employment Assistance and Mentorship)

Provides opportunities for education, training, finances, housing, employment, self-development, child care, and basic living skills for aboriginal youth aged 16-21 who are/have been in the care of CFS. Call for more eligibility info.

**Staffing & Recruitment Agencies**

Houston Recruiting Services | 204-947-6751

Pinnacle Staffing Solutions | 204-943-8649

Drake International | 204-947-0077

Legacy Bowes Group | 204-947-5525

Talentcor Winnipeg | 204-772-5040

**Online Employment Resources**

[www.jobbank.gc.ca](http://www.jobbank.gc.ca)

[www.indeed.ca](http://www.indeed.ca)

[www.workopolis.ca](http://www.workopolis.ca)

[www.monster.ca](http://www.monster.ca)

[www.winnipeg.kijiji.ca](http://www.winnipeg.kijiji.ca)

[www.winnipeg.ca/hr](http://www.winnipeg.ca/hr)

[www.mbjobs.ca](http://www.mbjobs.ca)

[www.mb.workinphonet.ca](http://www.mb.workinphonet.ca)

[www.winnipegjobbank.com](http://www.winnipegjobbank.com)

[www.used.winnipeg.com](http://www.used.winnipeg.com)

[www.careerbuilder.ca](http://www.careerbuilder.ca)

[www.wowjob.ca](http://www.wowjob.ca)

[www.amik.ca](http://www.amik.ca)

<http://www.mmf.mb.ca/employment.php>

**EDUCATION RESOURCES**

**Adult Education Centres Inc. 204-953-0818 <http://adult-education.ca>**

Offer a variety of literacy and high school credit courses including options in Math, English, Science, and electives. The Manitoba Department of Education and Training recognizes both 30-credit and Mature Adult High School diplomas offered.

**A Stepping Stone 204-586-7379**

A program of Point Douglas Community Resource Network's Adult Learning & Literacy program (ALL); offers variety of literacy programs and high school courses leading towards mature student diploma.

**CrossRoads Learning Centre 204-953-2030 [www.crossroadslearning.ca](http://www.crossroadslearning.ca)**

Provides high school credit courses (Grade 11-12) for adults to prepare for further training at the post-secondary level, or secure meaningful employment.

**Faith Learning Centre 204-586-1416**

Christian faith-based adult learning centre offering educational upgrading in a variety of subject areas at the grade 9-12 levels.