

## Resources for New Canadians

### Edge Career Program 204-254-1618

[www.edgeinc.ca](http://www.edgeinc.ca)

EDGE Career is a full-time customized employment preparation and job skills training program helping low-income, income-assisted adults and New Canadians find long-term meaningful employment

### Immigrant Centre: Employment Services 204-943-9158 <https://www.icmanitoba.com/>

Specializes in assisting newcomers with beginner to intermediate English levels (CLB 1-4) to find entry-level positions. Provides coaching and training in plain English and various languages common to newcomers. The majority of clients start working in entry-level employment within 90 days.

### Manitoba START 204-944-8833

[www.manitobastart.com](http://www.manitobastart.com)

Manitoba Start partners with Manitoba employers to identify opportunities in entry-level, administrative, management, and paraprofessional positions that are career related. The Job Matching Unit is our bridge to over 1000 Manitoba employers. Job Developers identify, connect and place clients into meaningful employment with our employer partners.

### NEEDS Inc: Youth Employment Program 204-940-1260 [www.needsinc.ca](http://www.needsinc.ca)

NEEDS Inc helps newcomer and refugee youth (ages 16 to 29) develop the employability skills required to enter and successfully participate in the Canadian labour market.

## Online Employment Resources

[www.aboriginaljobcentre.ca](http://www.aboriginaljobcentre.ca)

[www.amik.ca](http://www.amik.ca)

[www.jobbank.gc.ca](http://www.jobbank.gc.ca)

[www.indeed.ca](http://www.indeed.ca)

[www.workopolis.ca](http://www.workopolis.ca)

[www.winnipeg.kijiji.ca](http://www.winnipeg.kijiji.ca)

[www.winnipeg.ca/hr](http://www.winnipeg.ca/hr)

[www.mbjobs.ca](http://www.mbjobs.ca)

[www.careerbuilder.ca](http://www.careerbuilder.ca)

[www.amik.ca](http://www.amik.ca)

[www.mmf.mb.ca](http://www.mmf.mb.ca)

## Staffing & Recruitment Agencies

Houston Recruiting Services 204-947-6751

Pinnacle Staffing Solutions 204-943-8649

Drake International 204-947-0077

Legacy Bowes Group 204-947-5525

People First HR Services 866-940-3950

Ranstad Canada 204-943-5211

Summit Search Group 204-957-5500

Talentcor Winnipeg 204-772-5040



# Employment Resources



Fort Garry Women's Resource  
Centre

1150 A Waverley St

Winnipeg MB | R3T 0P4

204-477-1123 | [info@fgwrc.ca](mailto:info@fgwrc.ca)

[www.fgwrc.ca](http://www.fgwrc.ca)



**Community Unemployed Help Centre**  
**204-942-6556**

Provides information, assistance, advice, and representation to individuals dealing with the federal government's Employment Insurance program and Manitoba's Employment and Income Assistance program.

**Employment & Income Assistance**  
**204-948-4000 (Wpg) | 1-855-944-8111**

<https://www.gov.mb.ca/fs/eia/>

**Manitoba Jobs and Skills Development Centres**  
**204-945-0575 or 1-866-332-5077 email:**

Provides information about job opportunities and training, job search assistance, computer access, and referral information.

**New Directions: Training Resources for Youth (T.R.Y.) 204-786-7051 x5256**

T.R.Y is a 12-week group based program for youth who are not in the regular school system and are facing barriers to finding employment. (aged 16-29).

**Opportunities for Employment (OFE)**  
**204-925-3490 ofe.ca**

OFE offers free employment services designed to connect job seekers and employers to create long term, sustainable matches and grow our local labour market.

**Osborne Village Resource Centre**  
**204-989-6503 ovrc.ca**

Assists clients on their journey to find meaningful employment. Assists clients who are unemployed, under-employed, and/or those making a career change to find meaningful work.

**Pluri-Elles (MB) Inc. 204-233-1735**  
**[www.pluri-elles.mb.ca](http://www.pluri-elles.mb.ca)**

The employability sector of Pluri-elles aims to meet the needs of the French-speaking population of Winnipeg (men, women and adolescents) who are unemployed and looking for work.

**Reaching E-Quality Employment Services**  
**204-832-REES (7337) <https://www.re-es.org/>**

Reaching E-Quality Employment Services (REES) offers employment services to people with physical disabilities and/or health conditions.

**SEED Winnipeg Inc. 204-927-9935**  
**<https://seedwinnipeg.ca/>**

SEED Winnipeg Inc. is a non-profit agency that works to reduce poverty and help renew Winnipeg's inner city. SEED helps people start small businesses and save money for future goals.

**Taking Charge! 204-925-1100**  
**<https://takingcharge.org/>**

Prepares single parents and women to enter the work force (or continue on their education upon graduation) through personal growth programs, counselling, computer skill development, parenting programs, and educational programs.

**The Women's Enterprise Centre (WEC)**  
**204-988-1860 [wecm.ca](http://wecm.ca)**

WEC delivers a variety of events, networking and mentorship opportunities to help women develop their business knowledge and expand their networks.

**Youth Employment Services (YES)**  
**204-987-8661 [yesmb.ca](http://yesmb.ca)**

Assists youth with finding and maintaining employment by utilizing a multilevel approach. Assess clients' application skills, guide them to suitable employment opportunities, offer employability workshops, and provide resource training and educational programs.

**Indigenous Resources**

**CAHRD (Centre of Aboriginal Human Resource Development) 204-989-7110 [cahrd.org](http://cahrd.org)**

CAHRD offer assistance to Indigenous people seeking different career options, including referrals to education and training, job search strategies, workshops, and resume preparation.

**Manitoba Metis Federation - 204-586-8474**

**Métis Employment & Training - 150 Henry St**

Provides employment/career counselling, education and training, as well as scholarships and bursaries.

